

“Pride of Methacton”
Warrior Athletics – September Celebrations
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This marks the first edition of the “Pride of Methacton” for the 2015-2016 school year. The “Pride of Methacton” serves as our monthly athletics newsletter which updates Methacton Athletics each month in order to best communicate to our schools and community the wonderful accomplishments of our sports programs. We will include outstanding individual student-athletic achievements as well as team accomplishments. Please enjoy our September installment of the “Pride of Methacton”, which focuses its attention on the start of our fall sports seasons.

Fall Sports Update:

For your convenience, the Contents are hyperlinked for you to access the information about your team in the easiest way possible. Please remember that you can also do a search for a name on this document if you are looking for someone specific.

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Girls Cross Country:

Last year's records: League 6-3, PAC-10 Championship Meet- 5th, Districts- 30th of 54

Key Runners lost: Tri-Captains Micaela Malachowski, Jamie Motley, Ashley Smeykal (provided a great deal of Leadership) & Alison Ukalovic (Running XC at Albright)

Key Runners Returning: Seniors Abby Konkoly, Sarah Lebold, Deb Peifer (Tri- Captains and Varsity Runners), Junior Ryan DeOrio & Sophomore Anna Price

Others to Watch: Junior Emily Shea, Sophomore Megan Ashliman and a large Freshman class of Erin Hardenburg, Rebecca Sobeck, Olivia Leber & Sidney Ryan (They could all challenge for a Varsity spot).

Outlook for the season:

The 2015 season is very exciting with 9 "New" Runners...especially with 7 "New"

Runners as freshman. We would like to **compete** each and every Meet!! We would like every

Team in the PAC-10 to feel as if they must bring their best effort to race against us. We would like to "grow" as "XC- Runners" & as a "Team" as we progress through the season. **Compete** is the key for us!!

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Methacton Boys Cross Country:

Coach: Steve Savitz- 11th year

Last year's record: 5-4, 6th place in the PAC, 26th in Districts

Key runners lost: Jared Kline, Tom Fizzano

Key returners: Jeff Kirshenbaum (senior), Nick DeFillipis (senior), Josh Brycki (junior)

Others to watch: Sidarth Giddu (senior), Vaibhav Gupta (junior)

Outlook for the season: Jeff Kirshenbaum is going to turn heads this year after putting in a great summer of training. The other members of the team are working hard and their efforts should show during the season. We hope to improve on last year's record.

Opening meet: 9/8 at Heebner Park (Phoenixville)

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Methacton Football:

The Methacton Football Team is youthful to say the least. With just 6 seniors the warriors will rely on their youth this year to help pick up the slack. Only 2 of the 5 seniors saw much time last year. The group led by Dylan Feaster consists of Nick Rossi, Kyle Fleming, Scott Stueben and first year player Carson Williams. Griffin Bilicic may return after breaking a bone in his foot at the beginning of camp. The warriors opened up strong against Norristown last Friday, but were plagued by turnovers that eventually led to Norristown pulling away early, but to the teams' credit played hard through 4 quarters. We should see improvement as the team gains valuable playing experience over the next several weeks.

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Methacton Field Hockey:

2014 Record: 8-5 league and 13-6 overall, Qualified for the District 1 playoffs

Key returners:

Madeline Alderfer (M, Sr), Sarah Park (GK, Sr), Emily Sayre (F, Sr), Lauren Earnshaw (D, Sr), Sara Sterchak (M, Sr), Gabby Owens (D, Sr), Jen Rees (D/M, Sr) Katie Markle (D, Sr) Emily Mycek (M, Jr), Julia Dickinson (D/M, So), Emily Owens (F, So), Olivia Hoover (F, So)

Others to watch:

Jackie Cerchio (F/M, Jr), Gretchen Alderfer (D, So) Karly Karminsky (Sr)

Season Outlook:

The 2015 Methacton field hockey team has 8 starters returning from last season. The senior class is a very talented group that has been playing together for several years. Along with this talented group of seniors there are several underclassman with varsity experience. This year's

team is not only very skilled and experienced they also have been working well together and beginning to play as a unit. There will be high expectations set for this year's team with a lot to work for in the league, district and beyond.

So far this fall the varsity is 2-0. They beat North Penn 4-3 in OT and Boyertown 8-0 to start off the season.

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Methacton Boys Soccer:

Coach: John Smeykal (2nd season)

2014 Record: 12 – 8, First District One Playoff appearance since 2002. We won our first game against Strath Haven 2-1 and lost in overtime to CB East 0-1.

Key losses to graduation:

Eleven Seniors, Trent Taylor (St. Josephs – D1), Vince Tasca (Wilmington – D2), Jake Tagland (Widener – D2), Justin Ardman, Joe Collis, Dane Realbuto, Josh Reimel, Brett Diener, Dylan Gray, Brian Reilly, Shawn Golas

Returnees/players to watch:

Connor Stevenson (Second Team – 2014), John Lausch and Nick Coffin will be a force in the Midfield, Tyler Ziegler returns as our Forward, Kareem Elcskandarani, Eric Kihle and Vince Delisi will run on the outside and Nick Salerno, Kevin Conrad and Ryan Pellicano return to complete the defense. With Eric Dietch stepping in for Keeper.

Coach's comments/outlook:

The 2015 Methacton squad will play fast and smart and move the ball around the field similar to last season. We have strong veteran leadership returning as starters and added several underclassmen, including a few Freshman from the 2015 EPYSA u14 FC Montco State Championship team.

Methacton Girls Tennis:

Coach: Cathy Miller - 7th Season

Last year's record: Conference and overall 9-0 in PAC 10 - Champions, overall 12-3

Key performers lost: Emily Wichert

Key returners:

- Mihaela Codreanu, Grade 12, 1st singles
- Paige McDougall, Grade 12, 2nd singles
- Alejandra Castaneda, Grade 12, 3rd singles
- Amanda Amornwichet, Grade 11, 1st Doubles
- Sydney Markowitz, Grade 11, 1st Doubles
- Maria George, Grade 12, 2nd Doubles
- Lisa George, Grade 12, 2nd Doubles
- Kate Benson, Grade 11, 3rd Doubles
- Sydney Thompson, Grade, 11 3rd Doubles
- Christine Benson, Grade 12, 4th Doubles

Others to watch: Name, grade, position

Dina Nouaime, Grade 9, singles

Soorya Chittibabu, Grade 11, doubles

Rachel Dorn, Grade 10, doubles

Outlook for the season:

We should be in the hunt for the championship again this season. The returning players have worked hard in the off season and a few have "upped" their games....there will probably be changes in the line-up as the practices unfold and challenges are completed.

The team is currently 3-1 overall and 2 -0 in the PAC 10 as of 9/10

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Methacton Golf:

The golf team is off to a solid start posting a 3-1 League record and 4-1 overall. The team is led by Juniors Kyle Vance and Dan Rieger playing 1 and 2 respectively. Seniors Zach Feaster, Adam Duca and TJ Cinelli are rounding out a solid top five, with Freshman Caleb Ryan producing great results. The team is heading into the back end of their season with the goal of making the Final Four and another push to a PAC-10 Championship.

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Methacton Girls Soccer:

Coach: Bret Smith (13th season)

2014 Record: 6-10-2 overall, 5-6-2 league

Key losses to graduation: Hannah Walsh, GK; Jenny Martin, Fwd; Taylor Rambo, Mid; Jess McNally, Def; Kyra Dubost, Mid

Players to watch Cay McNichol, Sr. Midfield (2014 all league honorable mention); Angela Ramsden, Jr. Forward; Abbey Dungan, Jr. Defender; Lea Dungan, Jr. Midfield; Maddie Taylor, jr. defender; Mariah Romano, so. Defender; Lexi Laconi, so. Midfield; Caitlyn McClure, so. Midfield; Kendall Ozorowski, fr. Midfield; Lauren McNichol, fr. Forward; Maggie Bordonaro, fr. forward

Coach's comments/outlook: We've got a real young team this year, so the first year players will need to adjust to life in the PAC-10 quickly if we want to be competitive. Also, early season injuries have been a concern. We will need everyone to take on some extra responsibilities until we get back to full health.

Please contact me with any suggestions or feedback regarding this publication. The Athletic Office is working hard to continue to strengthen our relationship with the school community by providing the best possible communication.

Paul Spiewak, Assistant Principal for Athletics and Activities